ViHealth Pulse Oximeter Instructions

1. Turn Bluetooth on your phone.
2. Make sure the ring is fully charged.
    - We will provide you with the cable to charge it.
3. The ring will turn on automatically once it is worn.
    - Wear on thumb finger.
    - If it is too tight on the thumb, try the index finger.
    - Do not use middle finger.
    - If it is too tight on the index finger, use on little finger.
    - Avoid being loose.
4. Open the ViHealth app on your smart phone.
5. Click on O2Ring on the app.
6. Tap the circle on the ring so that it will connect to the app.
7. Wear throughout the night.

8. In the morning, turn off the ring by removing it from your finger.
    - A countdown will begin. After the countdown, the information will be ready to sync to the app.
9. Close the app on your phone and re-open the app.
10. Data will be available.
11. Repeat the steps above the following night.

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