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PRE-OPERATIVE INSTRUCTIONS

BEFORE INTRAVENOUS ANESTHESIA

1. Do not have anything (not even water) to eat or drink for 8 hours before your appointment.
2. **No smoking, drinking, or use of recreational and non-prescribed drugs 72 hours before surgery.** If you have questions about what is not allowed before surgery, please discuss this with a staff member. This can and will negatively affect your anesthesia.
3. If the patient is a minor, a parent or legal guardian must be present at the surgical appointment.
4. You must have a responsible adult to drive you home after surgery. **(Uber, Lyft, or Taxis are not an acceptable form of transportation)**
5. **All personal items**, such as jewelry, cell phones, wallets, and purses, need to be left with a responsible adult.
6. For all surgeries, please wear comfortable, loose-fitting clothing. Blouses/shirts should have short sleeves.
7. Contact lenses and any dentures must be removed before surgery.
8. No make-up is to be worn on the day of surgery.
9. Colored nail polish should be removed before surgery.
10. Any acrylic/artificial nails should be no longer than the tip of the finger on the left index finger **before surgery** for the oxygen sensors.

Please contact the office if you have an illness such as a cold, cough, sore throat, or stomach upset. Plan to rest for the remainder of the day. Do not operate power tools, machinery, etc., for 24 hours after surgery.

Please call Monterey Peninsula Oral & Maxillofacial Surgery at

831-636-9808 if you have any questions or concerns before your surgery

