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World-Renowned Cardiologist Dr. Chauncey W. Crandall IV Named Boca Raton Observer Top Doc 2026, Launches Landmark Public Health Blueprint MAHA

WEST PALM BEACH, FL, May 2026 – **Chauncey W. Crandall IV, MD**, one of America’s foremost cardiologists and a pioneering voice in preventive medicine, has been named to *The Boca Raton Observer’s Top Docs of 2026* – a distinction awarded in partnership with Castle Connolly, the nation’s most trusted physician-rating organization. The honor arrives at a pivotal moment: Dr. Crandall has simultaneously released his bold new book, *MAHA: Making America Healthy Again*, a sweeping, comprehensive blueprint for transforming public health policy across the United States and the world.

A Thought Leader Who Is Shaping the Future of American Health Policy

For decades, Dr. Crandall has stood at the intersection of elite clinical cardiology and national public health advocacy. As the author of the bestselling, groundbreaking *The Simple Heart Cure*, he transformed how millions of Americans understand and manage heart disease. Now, with *MAHA*, Dr. Crandall steps boldly into the role of national health policy architect – presenting a visionary, evidence-based roadmap that addresses not just individual behaviors, but the systemic issues, policy overhauls, and societal shifts required to build a genuinely healthier nation.

Dr. Crandall’s influence extends far beyond the exam room. As a sought-after advisor, speaker, and thought leader, he has consistently pushed the boundaries of what

medicine can accomplish at scale — advocating for preventive care investment, equitable health access, and integrated mental and physical well-being as the cornerstones of a resilient American society. His voice carries unmatched credibility: rooted in decades of frontline clinical experience, amplified through national media, and now crystallized into a definitive policy agenda that demands urgent action from individuals, communities, and governments alike.

“The path to making America healthy again requires a holistic approach that integrates individual responsibility with comprehensive policy changes. By embracing the principles of preventive care, prioritizing mental well-being, and promoting equity in health access, we can lay the foundation for a thriving, resilient nation.”

— Dr. Chauncey W. Crandall IV, from **MAHA: Making America Healthy Again**

MAHA: A Comprehensive Blueprint to Heal a Nation

MAHA: Making America Healthy Again is not a conventional health book — it is a national call to action. Drawing on his unparalleled expertise in cardiovascular medicine and decades of patient care, Dr. Crandall examines the many facets of America’s deepening health crisis and offers a comprehensive roadmap for how individuals, communities, and governments can collaborate to create a healthier nation — and a healthier world.

The book confronts root causes head-on: the chronic disease epidemic, the mental health crisis, systemic inequities in healthcare access, the failures of a reactive sick-care system, and the urgent need to pivot toward prevention at every level of society. Dr. Crandall argues, with the authority of a clinician and the conviction of an advocate, that a healthier America is not only possible — it is essential for the well-being of future generations.

“A healthier America is not only possible — it is essential for the well-being of future generations. By acting now, both at the personal and policy levels, we can create a society where every individual can live a long, healthy, and fulfilling life. Let this book be a call to action for everyone: to take steps today toward a healthier tomorrow and to work collectively toward building a nation that values health as its greatest wealth.”

— Dr. Chauncey W. Crandall IV, **MAHA**

From sweeping policy recommendations to actionable steps individuals can take today, **MAHA** represents the most ambitious and complete vision for American health reform that Dr. Crandall has ever articulated. It is essential reading for patients, policymakers, healthcare professionals, and every American who believes the nation’s greatest asset is the health of its people.

A Peer-Recognized Leader in South Florida Medicine

The Top Docs distinction — awarded exclusively through peer nomination and independent evaluation — underscores what colleagues across South Florida and the nation have long recognized: Dr. Crandall represents the highest standard of clinical excellence. Castle Connolly's rigorous process evaluates hundreds of thousands of physicians across academic medical centers, specialty hospitals, and community hospitals nationwide. Inclusion cannot be purchased; it is earned solely through the respect of one's peers.

Dr. Crandall's Top Docs profile will appear in the August 2026 issue of *The Boca Raton Observer*, reaching more than 242,000 readers across South Florida's most discerning communities, and will be published on bocaratontopdoc.com.

About Dr. Chauncey W. Crandall IV, MD

Dr. Chauncey W. Crandall IV is a world-renowned cardiologist, bestselling author, and public health thought leader. He is the founder of Crandall Concierge Medicine & Cardiology in West Palm Beach, Florida, and the author of the landmark *The Simple Heart Cure* and his latest work, *MAHA: Making America Healthy Again*. A passionate advocate for preventive medicine, health equity, and evidence-based public health policy, Dr. Crandall has dedicated his career to improving the health of individual patients and the American nation as a whole.

About Crandall Concierge Medicine & Cardiology

Located at 1411 North Flagler Drive, Suite 3902, West Palm Beach, FL 33401, Crandall Concierge Medicine & Cardiology provides patients with direct, personalized access to world-class cardiac and internal medicine care. The practice is committed to comprehensive, patient-centered medicine with an emphasis on prevention, wellness, and cutting-edge treatment. For appointments or inquiries, contact (561) 529-3997 or ccrandall4@icloud.com.

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